

# Psychology in the Real World 2008

# walk and talk

## Might you enjoy...

- ... a regular walk along a stunning stretch of the river Severn
- ... opportunities to talk with like-minded people
- ... a chance to pick the brains of local psychologists?

Come along any **Thursday, 8<sup>th</sup> May - 11<sup>th</sup> Sept**  
**Summer 2008**

**11.00 -12.30:** walk from Frankwell car park along the Severn Way. Opportunities to see kingfishers, cormorants, swallows, sand martins, wildflowers, horses and even otters.

**12.30 onwards:** Option of a drink or lunch in a friendly local pub

**When and where do we meet?** We set off at **11.00a.m.** every Thursday from Frankwell car park by the steps leading onto the footbridge. Someone will be at the meeting point from **10.45a.m.** onwards.

**Who are we?** Anna Hughes, Guy Holmes, John Upton, Gio Azzolina, Mike Atkinson and Lucy Gahan. All of us are keen supporters of *Walk and Talk* and passionate about the countryside and walking; Guy and Lucy are local clinical psychologists.

**Bring...** boots or shoes you don't mind getting muddy if it's been wet  
... an open mind, a friend or a (friendly) dog

See [www.shropsych.org](http://www.shropsych.org) for a report on Walk and Talk in 2007  
Tel. John Upton 01743 360644 for further info but feel free to just turn up!