

Psychology in the Real World

Relevant Publications from Guy Holmes and others connected with the groups and this type of community psychology:

Books

Holmes, G. (2009) *Psychology in the Real World: Community-based Groupwork*. Ross-on-Wye: PCCS Books.

This book is due out in 2009 and includes contributions from many people who have been on the courses and who have co-facilitated Psychology in the Real World groups. See www.pccs-books.co.uk

The following books do not specifically refer to Psychology in the Real World but include much that inspired these groups:

Newnes, C., Holmes, G., & Dunn, C. (1999). *This is Madness; A Critical Look at Psychiatry and the Future of Mental Health Services*. Ross-on-Wye: PCCS Books.

Newnes, C., Holmes, G., & Dunn, C. (2001). *This is Madness Too: Critical Perspectives on Mental Health Services*. Ross-on-Wye: PCCS Books.

Articles and Research Papers

Holmes, G. & Hudson, M. (2003) Coming off Medication. *OpenMind*, 123, 14-15.

Holmes, G. & Newnes, C. (2004) Thinking about community psychology and poverty. *Clinical Psychology*, 38,19-22.

Holmes, G. (2005) Learning Humility. *Clinical Psychology*, 45, 20-21.

Holmes, G. (2006) Helping people to come off neuroleptics and other psychiatric drugs. *Clinical Psychology Forum*, 163, 21-25.

Holmes, G. (2006) Toxic Mental Environments. *Clinical Psychology Forum*, 164, 39-43.

Holmes, G. (2006) Some thoughts on 'Psychology in the Real World: Understanding yourself and others'. *Journal of Critical Psychology, Counselling and Psychotherapy*, 6, 99-106.

Clare, J. (2006) Psychology in the Real World: A participant's response. *Journal of Critical Psychology, Counselling and Psychotherapy*, 6, 107-110.

Howard, R. & Holmes, G. (2007) Reflections on a specialist groupwork placement. *Clinical Psychology Forum*, 179, 11-14.

Holmes, G. & Gahan, L. (2007) *The Psychology in the Real World – Understanding Yourself and Others* Course: An attempt to have an impact on stigma and social inclusion. *Groupwork*, 16(3), 9-25.

Holmes, G., Hudson, M., The Living with Medication Group & May, R. (2008) Coping with Coming Off. *Openmind*, 150, 12-13.

Holmes, G. (2008) Walk and Talk. *Openmind*, 153, 12-13.