

# Shropshire Placement Opportunities



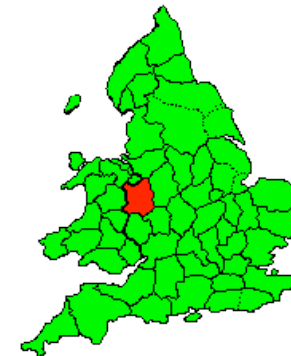
**D Clin Psych Course - Shrops/Staffs**

**Keele/Staffordshire Universities**

## SHROPSHIRE

Shropshire is the largest inland county in England, and is predominantly rural. The two main urban areas are Shrewsbury, which is the county town with a population in the region of 90,000, and Telford, a new town of 145,000 inhabitants located fifteen miles to the east. Telford is a major location for increased investment with 140 foreign companies located here. The population of the county is now 454,000 and is steadily increasing due to the development of Telford and the improved road access from the West Midlands and Merseyside. The distribution of the population gives a wide mixture of social environments ranging from deprived urban to isolated rural communities.

Many people use the term Shropshire to denote the county apart from Telford & Wrekin, as two different councils serve them. However, the term can be used (as in this document) to mean the whole geographical area, which includes Telford & Wrekin.



## ADULT MENTAL HEALTH

The Adult Mental Health experiences available are spread across a number of different bases across Shropshire and the Wrekin. The Department of Psychological Therapies website has a fuller picture of many of the details below – [shropsych.org](http://shropsych.org)

### □ **Community Mental Health Teams**

A number of Clinical Psychologists work into 9 Community Mental Health Teams.

Each team will provide opportunities for attending multidisciplinary meetings, though the styles and days for each will differ. CMHTs aim to provide a secondary service to people with serious and/or enduring mental health problems. There are differences between the teams in their emphasis on 'mental illness' and the eligibility criteria for clients. Some of these differences reflect the differences in the communities with whom they work – e.g. rural versus urban, degrees of social deprivation etc.

Typically, a Community Mental Health Team will comprise: Social Workers, Community Mental Health Nurses/Community Psychiatric nurses, A Consultant Psychiatrist and probably a Staff Grade doctor, Community Support Officers, Team Manager, Occupational Therapist, Team Secretaries, Medical Secretary, and Clinical Psychologist

### **Individual CMHT Psychologists interests/opportunities:**

#### ❖ **Penny Priest, SE Shropshire CMHT (based in Bridgnorth) 01746 768787**

##### *First years*

- Experience of the context of CMHT work through e.g. joint visits/meetings with various workers in various settings; allocations meetings; CMHT psychology meetings
- Involvement in Primary Care Liaison Service through joint work with other CMHT colleagues
- Individual clinical work and supervision with an emphasis on systemic perspectives
- Experience of systemic working through joint working with supervisor
- Experience of working in groups, e.g. through joint work with Social Inclusions and Recovery Services
- Experience of providing specialist consultation/supervision in relation to people associated with a diagnosis of Autistic Spectrum Conditions
- Involvement in ongoing research projects

#### ❖ *Second and Third Years*

Same as above but in more detail and tailored to meet individual requirements, by negotiation

❖ **Cailzie Dunn at North Shrewsbury CMHT**  
**01743 243300**

*First years -*

- Supervised pieces of clinical work with a specific focus with a variety of individual adult clients
- Pieces of work with Service User Involvement Coordinator and Advocacy Service possible by arrangement
- Service User feedback meetings within the team
- Involvement with group work and with the CBT service at Chaddeslode

❖ **Dr. Isabel Goodwin at North Shrewsbury CMHT**  
**01743 243300**

- Supervised pieces of clinical work with a variety of adult clients - both individual and joint (with supervisor). When meeting with clients, I take a narrative approach to therapeutic work.
- Involvement in small-scale research activity in CMHT

❖ **Dr. Guy Holmes at South Shrewsbury CMHT**  
**01743 254050**

Guy facilitates various groups at The Gateway Arts and Education Centre in Shrewsbury, including *The Black Dog: Understanding Depression*, *Psychology in the Real World: Understanding Yourself and Others*, *Toxic Mental Environments*, and *Thinking about Medication* (see [shropsych.org](http://shropsych.org)), and psychotherapy groups in the CMHT. When running, there are opportunities to co-facilitate these groups or be a participant. Trainees may be interested in doing a specialist 3<sup>rd</sup> year placement in group work (where they would co-facilitate several groups), or be involved with one of the groups as part of their 1<sup>st</sup> or 2<sup>nd</sup> year training.

I am happy to meet with the trainees separately or together at any point during their placement to discuss

anything they are interested in. My interests can be seen on my profile on the website, but include harmful aspects of helping and psychiatric drugs.



❖ **Chris Pitts at S Shropshire CMHT (based in Ludlow)**  
**01584 878167**

*First years -*

- Introduction to working as psychologist under remit of a multidisciplinary team.
- Developing relationships with clients, colleagues, with psychological principles of recovery philosophy and disability issues too.
- Observing/assessing/formulating ideas as to development of difficulties with reference to social context of person/systems, including wider medical referral system. Secondary and primary care settings.
- Multi professional/agency joint working, observation of 'screening referral pathway meeting' relating to eligibility of referrals into team. Mondays and Wednesdays 9.30 for 30 mins, referral screening or pathway meeting. 10am for up to an hour, same days, are business/clinical multidisciplinary meetings.
- Presenting appropriate information relating to clients/systems
- Ethical considerations in relation to best practice
- 'Service user' considerations
- Where 'evaluation' of working/systems takes place and how.

Details of each CMHT base (with maps and contact details), and the Clinical Psychologist with each team, is available on [shropsych.org/cmhts.htm](http://shropsych.org/cmhts.htm)

Further adult mental health experiences, in conjunction with any of the above supervisors, may be possible in the two main sites of the Department of Psychological Therapies – Chaddeslode House in Shrewsbury, and Dawley Centre in Telford. These buildings house staff from nursing, Occupational Therapy, Art Therapy and/or Counselling. They offer individual counselling/therapy and a range of groups. Further details of the services offered at these bases can be found on [shropsych.org/chaddelsode.htm](http://shropsych.org/chaddelsode.htm) and [shropsych.org/dawley.htm](http://shropsych.org/dawley.htm)

## ○ **Mental Health Rehabilitation and Recovery**

Clinical work with individuals experiencing complex and long standing mental health problems, their families and other staff supporting these individuals. Multidisciplinary team working within community and inpatient settings in Shropshire and Telford and Wrekin, with an emphasis on systemic and organisational understanding and opportunities to experience providing consultation, supervision and joint working within these teams.

Core recovery philosophy with opportunity to work with a collective of service users/workers and carers in steering a local recovery forum. Therapeutic approaches within

recovery framework drawn from psychodynamic, systemic, accepting voices, behavioural, cognitive and mindfulness practices.

In addition, opportunity to participate in dialectic behavioural supervision and therapeutic group. Also, possibility of experiencing 3-day inpatient experience, working shifts alongside nursing colleagues.

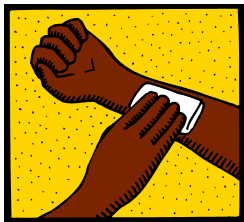
*Range of placement experiences providing ideal opportunity for a 3<sup>rd</sup> year specialist placement to consolidate previous adult mental health (AMH) experience, but could be tailored for earlier placements, particularly as part of core AMH placement.*

**Clinical Psychologist:** Dr. Rachel Lucas,  
**01952 381729 or [rachel.lucas2@nhs.net](mailto:rachel.lucas2@nhs.net)**



## □ **Mental Health Liaison Service**

The Liaison Mental Health Service is a specialist service which has two primary aims, the first of these being to offer a comprehensive psychosocial assessment of all adult patients presenting at The Princess Royal Hospital, Telford, and The Royal Shrewsbury Hospital who have deliberately harmed or injured themselves. Secondly, the service aims to liaise with medical, nursing and other disciplines, both in the hospitals and the community, on the assessment, care management and appropriate referral-on of adult patients who have been treated.



*Placements may best suit a second or third year, but first years may be able to gain some experience in this service alongside another AMH placement.*

**Clinical Psychologists:** Dr. Rosemary Corke,  
Helen Jones  
**01743 341914**

[shropsych.org/liaisonmentalhealth.htm](http://shropsych.org/liaisonmentalhealth.htm)

## □ **Substance Misuse**

The substance misuse service in Telford & Wrekin funds a limited (0.2wte) clinical psychology service. This is based in Wellington, and is situated within Tier 3 services.

Placement experiences that are possible:

- Sit in on Shared Care clinic (GP surgery-based service) with an experienced drug worker on a Wednesday afternoon, with supervision from psychologist to the trainee before and after the session.
- Sit in on team meetings, and shadow workers from Community substance misuse service (e.g. Young Person's workers, substitute prescribing doctor, detox nurses).
- With individual staff agreement, third year trainees could have the chance to sit in on psychology supervision sessions with team members.

*Clinical psychologist only available on Wednesdays. All trainees are welcome to come for a one-off visit to get an overview of the service.*

**Clinical Psychologist:** Dr. Anne Maclachlan  
**01952 222229**

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## CHILD MENTAL HEALTH



### **\* Hilary Griggs, Service Development Manager CAMHS, Consultant Clinical Psychologist**

Comprehensive CAMH Services in Shropshire and Telford & Wrekin cover a number of agencies including Health, Social Care, Education, the Youth Offending Service, Community and Voluntary Sector providers and the Independent Sector. Services are delivered at a number of levels (universal, targeted, complex and acute). Telford PCT hosts the NHS Children's Services, although we cover Shropshire as well.

I work as Service Development Manager within the Specialist Children's Services. Currently I manage the paediatric psychology service, the PCT parenting lead, and Jigsaw CAMHS (details below). Much of my time is spent engaging at the organisational and strategic level, and, alongside Bill Sample (CAMHS-LD) I am the professional lead for psychology in the children's services.

In my clinical work I draw mainly on the psychodynamic model, and I place a great deal of emphasis on consent and contractual working. I also do a good deal of specialist behavioural work. I do most of my clinical work within paediatrics.

**Contact: Hilary Griggs on 01952 608374**

### **\* Lorna Stewart, Clinical Psychologist (Jigsaw)**

The JIGSAW provision in Telford is part of the Hadley PFI initiative. It is a residential school with 30 places overall and 4 self-contained residential units for 12 pupils. The young people placed at Jigsaw are aged 11 – 16 years with significant and complex behavioural, emotional and social difficulties (BESD) whose complexity of need had previously necessitated placement outside the borough.

I work within both the school and with young people in residential placements (Looked After) offering individual work, family work and group work with these young people with complex difficulties. My work also involves working with the professional systems around the young person, including teaching, consultation and staff support. I work both within MDT's across the agencies drawing on a range of theoretical models.

I can offer a range of experiences to first, second or third year students.

**Contact: Lorna Stewart – 01952 608374**

**\* Debbie Bunting, Consultant Clinical Psychologist (Parenting)**

My work base is the Swan Centre at Stirchley. My focus is on early intervention and community initiatives. I am also involved in a consultation/supervisory capacity with a project called the 'family nurse partnership', which aims to work intensely with families over a two year period. In general, I would not see this experience as suitable for a first year placement. It would better suit a third year with an interest in collaborative practice/families/group work/working with other agencies - especially safe-guarding/user involvement and research.

**Contact: Debbie Bunting  
01952 388583**

**Paediatric Psychology Team**

In 2008 we launched this new service. The team offer specialist psychology interventions to targeted clinical areas within paediatrics, across both the acute and community settings. The service can be accessed by patients and their families (including siblings) directly. The psychologists delivering this service are integrated into the relevant MDT's as core team members, to enhance joint working and integrated care. The family is seen as part of the team and share in decision-making as far as possible. The areas that are currently included are oncology, diabetes, cystic fibrosis, palliative care, chronic constipation, muscular dystrophy and children with an allocated community nurse. We also offer some preparation for medical procedures and pain management work. In addition we engage in indirect work, offering training, consultation and advice to other

paediatric professionals at both the local and tertiary level.

**\* Camilla Johns, Paediatric Clinical Psychologist**

I work as a Paediatric Clinical Psychologist, offering psychological interventions to children and young people with significant, chronic or life-threatening physical health problems and their families. I am integrated into the paediatric oncology multi-disciplinary team. I also work with the respite and palliative care team and take referrals from the children's community nursing team.

In my clinical work I draw mainly on the theory and principles of CBT, with acknowledgment of the importance of adopting a systemic perspective. My work has a focus on early intervention and prevention and promoting psychological health and coping/adjustment.

In addition to individual clinical work there are likely to be opportunities for joint working with medical staff, indirect work and offering advice, consultation and training within medical settings.

**Contact: Camilla Johns - 01952 608374**

**\* Yvette Easthope-Mowatt – Paediatric Clinical Psychologist, Muscular Dystrophy**

I am working mainly at The Robert Jones and Agnes Hunt Orthopaedic and District Hospital in Oswestry. I am part of the Muscular Dystrophy MDT and offer psychological interventions to children and young people with significant, chronic or life-threatening physical health problems and their families. I work in a range of settings

including outpatient clinics, patients' homes, schools and hospital wards. However, I also see a number of adult patients with neuromuscular conditions who attend clinics there. In addition I work one day a week as part of the Paediatric Psychology Team based in Telford.

The majority of my therapeutic work utilises cognitive-behavioural therapy (CBT), however, I am guided by evidence based practice and the needs of the client. As a result I also incorporate other models into my practice where appropriate and acknowledge the importance of adopting a systemic perspective. The focus of my work is predominantly based around transitions, adjustment and coping, and it emphasizes the need for early intervention.

Although I am currently unable to act as a main supervisor I may be able to provide some experiences within this area.

**Contact: Yvette Easthope-Mowatt, 01691 404041**

**\* Abby Marr, Paediatric Clinical Psychologist**

Abby will be working as a paediatric clinical psychologist and will be an integrated team member within the paediatric cystic fibrosis team, and the paediatric diabetes team. In common with her colleagues she will be offering psychological interventions to children and young people with significant, chronic or life-threatening physical health problems and their families, and also taking some referrals from the Community Nursing Team or other paediatric colleagues. As a service we are also launching a nurse-led chronic constipation service, which will be an MDT with dedicated psychology input.

## LOOKED AFTER CHILDREN - RESIDENTIAL

Young Options, in Shifnal, provides an integrated programme of therapy, care and education to children and young people experiencing complex and severe behavioural, psychological and psychiatric difficulties. We can provide trainees with experience of assessment and psychological evaluation reports; care and therapy of young people with complex needs; joint work with care, education and other therapy staff; and experience of work with carers and family members.

*This placement is suitable for a third year (year-long) placement. It may be suitable for a year-long second year placement but only for a trainee who has enough previous experience of working with young people to be confident to work with this very vulnerable group and within this complex system.*

**Private placement**

**Contact: Dr. Ze'Ev Levita, Consultant Clinical Psychologist  
01952 468220**

[zeev.levita@optionsgroup.co.uk](mailto:zeev.levita@optionsgroup.co.uk)



## CHILD LEARNING DISABILITY

The service, based at Monkmoor Campus, Shrewsbury, works with children up to the age of 18 years who have significant learning disabilities. Placement opportunities can involve:

- 1) MDT experience, working with nurses, Psychiatrists, Psychologists. Home visits.
  - a) Consultancy to residential staff and others
  - b) Post-Diagnosis Family Support Service
  - c) CAMHS-LD Audit, including Service User satisfaction
  - d) Attend Family Support Groups
- 2) The 'ChiPS' service which includes intensive behavioural workers going to family homes
- 3) Experience of autistic spectrum difficulties. Now team remit has been extended to some young people with Asperger Syndrome.
- 4) Links with special schools and mainstream schools, working with education staff
- 5) Work with the CDC (Child Development Centre) in Shrewsbury and Telford
- 6) Work with paediatricians in community clinics, and speech and language therapists.
- 7) Neuropaediatric work regarding head injuries, and paediatric psychology around feeding problems

8) Opportunities to make a presentation at CAMHS-LD seminar on any topic of interest.

9) Be involved in planning and delivering training to residential staff, school staff etc

NB. Mondays are an important day to be present for team meetings.

**Clinical Psychologists: Bill Sample, Diane Turner and Dave Allen. Tel: 01743 282373,**

[bill.sample@telfordpct.nhs.uk](mailto:bill.sample@telfordpct.nhs.uk)



## ADULT LEARNING DISABILITY

An ALD team works out of Tan Bank, Wellington, Telford. A number of Clinical Psychologists, therapists and a Counselling Psychologist offer a range of experiences including:

- Individual & group work;
- Involvement in person centred planning;
- A Family and Teams systemic service (leaflet available);
- Work with two Community Mental Impairment services (which comprise of social workers and support workers working with people with a learning disability who are known to be at risk of offending);
- Individual assessment experience e.g. WAIS-III;
- Court report experience;
- Work around parents with learning disabilities;
- Training for carers and staff;
- Issues around domestic abuse
- And a range of evaluation projects from which trainees could choose research opportunities.

Psychology staff provide work from a variety of psychological models or approaches: CBT, ABA, Systemic, Narrative, Psychodynamic, Community psychology, sexuality counselling, Feminist psychology.



**See additional leaflets about the service- 'Families and Teams service' leaflet; and 'Information for referrers' leaflet.**

*The systemic Family and Teams work happens on Mondays (co-ordinated by Amanda Hilton)*

**Clinical Psychologists:** Dr. Gail Thomas, Dr. Rachel Cox, Dr. Fran Taylor, Dr. Jo Thacker, Dr. Amanda Hilton and Dr. Anna Ramharakh. **Counselling Psychologist:** Paul Moloney  
**01952 381455**

## FORENSIC

### Learning Disabilities and Challenging Behaviour

This placement is based in a low secure hospital. It may complement another placement, for example a community based learning disability placement or in-patient adult mental health placement, or be a specialist placement in its own right. It will provide trainees with experience of in-patient assessment and treatment services for adults with learning disabilities who are detained under a Section of the Mental Health Act 1983. Patients range in ability and include those with mild and borderline learning disabilities as well as those less able. The hospital has developed particular expertise in Autistic Spectrum Disorders and has a significant number of patients who have this diagnosis.

The hospital clinical programmes have strong psychological focus. There are wide ranging opportunities for trainees. Areas of competence that may be developed during the placement include, but are not limited to:

- Assessment of Risk and management of Risk
  - Intensive multi- disciplinary team working – we are particularly proud of the strength of our MDT working.
  - Interventions integrating various theoretical models and psychological approaches within a cognitive behavioural and systems theory framework
- Individual  
Systemic service/organisational  
Group

- Teaching and staff training
- The Mental Health Act applied in practice
- Work with offenders
- Admission and discharge processes and work across agencies
- The private sector and the public sector relationship
- Patient advocacy.

The hospital has research interests in many areas of learning disability and challenging behaviour, including ASD, and sexuality. We have a strong track record of supporting trainees' research.

#### **Private placement**

**Clinical Psychologists:** Victor Levenson and Dr. Jonathan Jones

**01630 673800**

[careprinciples.com](http://careprinciples.com)



## Young Offenders

Based at HMYOI Stoke Heath, Market Drayton

Opportunities to develop an understanding of the role of a clinical psychologist in two Inreach Team providing services to young men (aged 15-18 and 18-21 years) in custody.

\*Shadowing/collaboration with other Inreach professionals

\*Attendance at meetings specific to the custodial setting

\* Supervised clinical work. This would include liaison with other agencies both external and internal to the YOI. I am particularly influenced by cognitive analytic and integrative models of therapy.

\*Support to complete audit and research projects

The above would form a specialist placement only. Opportunities to visit also encouraged.

**Clinical Psychologist:** Dr. Abi Willis  
**01630 636482 and 01743 492249**



## Forensic Mental Health Service

Wroxeter Ward is an 18-bedded low secure forensic rehabilitation unit situated in the grounds of Shelton Hospital on the outskirts of Shrewsbury in Shropshire. Wroxeter provides care and treatment to men who have been assessed to present a significant risk of harm to others. All of the service users at Wroxeter have a primary diagnosis of a severe mental illness and they are detained under the Mental Health Act (1983).



Two clinical psychologists (Chris Davis and Mel Davies) work at Wroxeter Ward, offering a high level of involvement in all areas of the clinical services and ward management, and ensuring that psychological perspectives are central to the services provided. Clinical work may draw on a range of psychological models and theories and typically involves psychological assessment, formulation and intervention of highly complex cases. Therapeutic goals include issues such as helping service users to develop skills in self-management of their mental health (e.g. strategies to

manage hearing voices), understanding a diagnosis of psychosis, developing formulations of offending behaviour, and delivering treatment that reduces the likelihood of future risk behaviour. Our role as clinical psychologists also includes consultation to colleagues within the service, for example regarding engagement with individual service users or planning work based on psychological models, or with a focus on enhancing the way we work as a team.

Wroxeter Ward in Shrewsbury and the Hatherton Centre in Stafford form the core services of the Forensic Mental Health Directorate. The Forensic Mental Health Directorate has a strong reputation for multidisciplinary working at a clinical level and strong partnership working between the two services within the Directorate.

### **The Shropshire Forensic Liaison Scheme**

The Shropshire Forensic Liaison Scheme (SFLS) is operated by members of one of the Multi-disciplinary Teams at Wroxeter. The scheme aims to serve clinicians in the Shropshire and Telford & Wrekin areas, by providing specialist multi-professional forensic advice to colleagues who are case-managing service users who may pose risks to others. The SFLS meets weekly and the referring teams bring cases by arrangement. The SFLS aims to provide support, advice and specialised assessments where required. The scheme may support colleagues by way of "co-working" cases, but ordinarily does not take on a role of care-coordination.

As a member of the team, the clinical psychologist provides specialist advice from a psychological perspective, including formulation of risk behaviour, guidance regarding approaches to risk assessment and management, and consideration of psychotherapeutic

treatment approaches for individuals. The clinical psychologist also provides specialised psychological assessments with individual service users, in order to inform the consultation process.

### **What is on offer for D.Clin.Psy trainees?**

Various elements and options may be available, depending on the interests of trainees, including:

- Working with service users with complex mental health problems;
- Working in a low secure forensic rehabilitation service committed to rehabilitation and recovery;
- Balancing rehabilitation and recovery with clinical risk assessment and risk management approaches;
- Experience of different roles of a psychologist working in a multi-disciplinary team and in an inpatient service (e.g. close working relationships within a team and service system, providing supervision and consultation to other professionals);
- Involvement in a specialist multi-professional team offering forensic advice to community-based colleagues case-managing service users who may pose risks to others;
- Clinical placements, audit and service evaluation opportunities, research in related areas.

**Contact: Dr Chris Davis on 01743 492236**

(Mel Davies on maternity leave 2009)

[chrisdavis@nhs.net](mailto:chrisdavis@nhs.net)

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## PHYSICAL HEALTH

### Shropshire Enablement Team

The Shropshire Enablement Team (SET) works with people between the ages of 16 and 65 years who have suffered a brain injury (perhaps resulting from an accident or a stroke), or who have a neurological condition such as Multiple Sclerosis, MND, or Huntington's disease, or who have Chronic Fatigue Syndrome. Bases are in Shrewsbury and Telford. For more information about the service, please look at [set-online.org.uk](http://set-online.org.uk)

Close working arrangements exist with other organizations and staff working with the same patients i.e. acute and rehab hospital wards throughout the region, voluntary sector providers such as Headway, Social Services, physical disability teams, neurology and A&E services and service commissioners. So any placement in the team gives the opportunity to 'sit in' on the work of these linked services as well as the work of the staff of the team.

Specific opportunities in SET include the following:

- Multi-disciplinary meetings – all diagnostic groups – Tuesdays (Shrewsbury) & Wed (Telford)
- Co-leading variety of therapy groups including 'Looking to the future' (head injury adjustment), 'Fatigue Management' (MS), 'Regaining confidence after Stroke', anxiety and anger management
- Individual cognitive assessment to plan rehabilitation
- Cognitive rehabilitation

- One to one and family work re mood disorder/behavioural problems/ adjustment/ relationship difficulties/phobias/anxiety
- Work with ME/Chronic Fatigue Syndrome patients
- Advising/consulting other agencies re health needs of specific patients
- Liaising with private sector providers – including legal professionals and case managers
- Planning continuing involvement – planning meetings including all involved professionals, families etc
- Case management

*This is only suitable as a placement for second or third year trainees. The placement needs to be done as a 3-day a week placement for a number of months, and not run for fewer days per week in combination with commitments to other teams.*

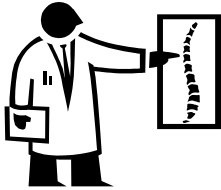
*First year trainees can attend a planned 6-day observational multidisciplinary observational experience (Mon-Wed for 2 weeks in a block) in Telford or Shrewsbury.*

**Clinical Psychologist:** Stella Townsend and Dr Emma Lawrence **01743 261419**. Dr Vicki Hacker and Tammy Harrison **01952 204346**



## SPINAL INJURIES

Physical Health – spinal cord injuries (Regional Centre) Children, Adults & older adults based at Robert Jones & Agnes Hunt Orthopaedic Hospital, Oswestry.



Experience offered can include:

- assessment of all individuals who come through the service;
- Cognitive assessments;
- Liaison mental health work;
- pain management work;
- support to relatives;
- member of multidisciplinary team;
- input to goal planning rehabilitation system;
- input to training of other staff groups.

The placement offers the chance to work as an applied psychologist working with patients with a spectrum of psychological needs, rather than as a separate therapist only seeing certain referrals. Working with people sometimes at their bedside can demand a wider repertoire of skills from only working with outpatient referrals.

*Third year trainee placement only – 3 days per week.*

**Clinical Psychologists:** Dr. Christine Wilson & Dr. Sally Kaiser **01691 404656**

chris.wilson@rjah.nhs.uk and sally.kaiser@rjah.nhs.uk

## SPECIALIST PSYCHOLOGICAL SERVICES IN CANCER AND PALLIATIVE CARE

BASED AT ROYAL SHREWSBURY HOSPITAL

- Working with individuals, couples, families, carers
- In-patient, hospice, community settings
- Training health professionals
- Supporting staff
- Small scale projects



**Clinical Psychologist:** Marilyn Owens  
**01743 341914 or 07920 296219**  
marilyn.owens@sssft.nhs.uk

## MATERNITY

A limited psychology service is now offered, as part of liaison mental health, to the maternity service in Shropshire. Current work involves assessment and intervention about antenatal and some post natal issues (such as: childbirth trauma; difficulties in adjustment to hospital or medical diagnoses; phobias interfering with midwifery or obstetric care; effects of past trauma such as childhood abuse on the experience of pregnancy and childbirth; pregnancy or baby loss); consultation to midwives and obstetricians; training of midwives, and junior doctors; involvement with perinatal networks and vulnerable women's group.



*Third year placement only.*

*Opportunities for observational experience (of psychologist, and of hospital/maternity care), and some casework, may be possible for first and second years, in negotiation with the main supervisor of another placement,*

**Clinical Psychologist:** Helen Jones

**01743 341914**


helenjones6@nhs.net

## GENERAL



- Some psychologists meet every 2 months for CPD events. These happen on Wednesdays 1-2pm at Chaddeslode House, Shrewsbury. If you are on placement in adult mental health or specialist services, you are welcome to attend. Contact **Helen Jones 01743 341914** for more details.
- The Adult Learning Disabilities service has bi-monthly seminar/reading sessions, and a writing group. Trainees are invited to contact the team to discuss attending these. **01952 202600**
- Most services will have their own well-stocked libraries. In addition, trainees can borrow books and journals from the libraries housed in Chaddeslode House, Shrewsbury, and the Dawley centre, Telford. Trainees can also access the S. Staffs & Shropshire Foundation Trust's Learning and Resources Centre housed at Shelton Hospital, Shrewsbury.

## GENERAL

- These placement experiences may not always be available at certain times.
- Always contact Helen Jones, Clinical Tutor, before making any definite plans.
- Some placements can be tailor-made according to need and the commitments of the supervisor, but others are harder to make as flexible and would need a set commitment from a trainee.
- Some placements are only available to trainees in their second or third year because of the skills or experience needed to get the most from them. However, visits to these services can be arranged for trainees in any year.
-  Most venues have good access but some do not easily accommodate wheelchairs. Please contact Helen Jones or the named psychologist if you have any concerns about this.

*Version dated October 2009*

***This brochure is available online. Please check this for the most up to date version.***  
**[www.shropsych.org/placements.htm](http://www.shropsych.org/placements.htm)**

## CONTACT

Contact Helen Jones, Clinical Tutor, if you want to know more about these placement opportunities.

University: 01782 294021

Mobile: 07818 045253

[helen.jones@staffs.ac.uk](mailto:helen.jones@staffs.ac.uk)

[www.shropsych.org/placements.htm](http://www.shropsych.org/placements.htm)



**Administrator:**

**Natalie Lowndes**

**01782 294007**

[www.staffs.ac.uk/study\\_here/courses/clinical-psychology-tcm429681.jsp](http://www.staffs.ac.uk/study_here/courses/clinical-psychology-tcm429681.jsp)